



**Centre for Applied Research & Evaluation  
International Foundation**

**International Office.**

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**\*\*\*\*\*Careif Essay Prize Competition 2014\*\*\*\*\***

**Careif-Global Suicide and Suicide Prevention Essay Competition**

**1st Prize £500**

**2nd Prize £300**

**3rd Prize £100**

Careif is an international mental health charity with a special focus on protecting and promoting the health and well-being of young people living in culturally diverse societies around the world. Each year, we have held a highly successful essay prize competition to encourage 'state of the art' essays on key mental health themes. These are published on our website and in the lay and academic press. The essays aim to bring together a wide range of disciplinary perspectives, integrating the academic research, theoretical, conceptual, and public health perspectives.

Suicide is a tragic event with far reaching impact on the lives of those touched by it. Initiatives that seek to understand more fully the causes and opportunities for suicide prevention are ever more important as public health experts report increasing rates of mental ill health in the current economic climate. Suicide is complex with psychological, social, biological, cultural and environmental factors involved. Every year, almost one million people worldwide die from suicide; this roughly corresponds to one death every 40 seconds. ([www.who.int](http://www.who.int))

You are invited to submit, in open competition, an essay on *Suicide and Suicide Prevention* and to explore its socio-religious context, cultural meaning and its association with stigma. The essay should include an incisive and synoptic literature review, focusing on improving knowledge about the ethno-aetiology of suicide together with the policy and practice implications for suicide prevention.

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The review should also take account of the evidence for the assessment, recognition and treatment of suicide and suicide prevention in diverse cultural contexts, and in diverse communities, health and social care settings. Essays should seek to explore narratives that provide clues to the understanding of suicide associated with specific groups– for example, young people, older people, professional sportsmen and women, people with physical illness and disabilities, professional groups and the armed forces.

An exploration of contrasts between low income and high income countries are of particular interest and are very welcome.

The prize is open for all people, from any organisation and professional discipline that has engaged with issues of *Suicide and Suicide Prevention*.

We expect prize applicants to have written the essays themselves, rather than have them prepared as part of a team. However, one essay application may be submitted by two co-authors where their respective roles are carefully set out. Prizes will be awarded by a panel of experts.

Entries must be no more than 4000 words, should be referenced using the Harvard reference style, and submitted by email to [essay14@careif.org](mailto:essay14@careif.org) by **21<sup>st</sup> December 2014**. Applicants will be notified by **21st January 2015**. The judges reserve the right not to award a prize if none of the entries meet the required standards.

*Authors must include their full name, address, country, email, and occupation on the title page.*

*Thank You and Good Luck*

**Professor Kam Bhui:**

Co-Founder & Director of Careif  
Professor of Cultural Psychiatry and Epidemiology  
President World Association of Cultural Psychiatry

**Professor Edgar Jones:**

Trustee of Careif  
Professor of the History of Medicine and Psychiatry

**CAREIF - Centre for Applied Research and Evaluation International Foundation** - is an **International Mental Health Charity**

Visit our website: <http://www.careif.org>

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**The World Association of Cultural Psychiatry** with **careif** announces **4th World Congress of Cultural Psychiatry** - to be held in **Puerto Vallarta, Jalisco, Mexico; from October 29th to November 2<sup>nd</sup> 2015**. The theme will be on; **"Global challenges & cultural psychiatry: Natural Disasters, Conflict, Insecurity, Migration, and Spirituality"**

<http://www.4wacpcongress.org>

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